

HEALTH SERVICES

New Hope Mid-Coast Maine
Domestic Abuse Helpline 24/7
800-522-3304

Maine Health Miles Campus
35 Miles St. Damariscotta
207-563-1234

Maine Health Walk-In Clinic
24 Miles Center Way
Damariscotta
7am-6pm daily
207-563-4379

St. Andrews Urgent Care
6 St Andrews Ln.
Boothbay Harbor
8am-7pm daily
207-633-1206

Mental Health Hotline
1-888-568-1112

Healthy Kids
Family Resource Network
207-563-1818
HK@tidewater.net
healthykidsmaine.org

**Spectrum Generations
Senior Center**
521 Main St. Damariscotta
207-563-1363
spectrumgenerations.org

TRANSPORTATION

Twin Village Taxi
Damariscotta
207-380-0050

Lincoln County FISH
Friends in Service Helping
Free rides for doctor appts,
errands & more
207-350-9808
lincolncountyfish@gmail.org

Midcoast Connector
Medical transportation
for low-income individuals
855-930-7900
midcoastconnector.org

American Cancer Society
Rides to medical appointments
800-227-2345

HOME SERVICES

Community Energy Fund
207-563-3883
rclifford.me@gmail.com

**CHIP - Community Housing
Improvement Project**
Low-income home repair help
207-677-3450

RUOK - Are You OK
Daily calls to vulnerable adults
Lincoln County Sheriff
Communication Center

FOOD SECURITY

Healthy Lincoln County
Food Security Community
Connection
207-350-0536
healthylincolncounty.org

Meals on Wheels Program
Contact Barbara
207-620-2925

New Harbor Food Pantry
at United Methodist Church
Saturday 9am-10am
207-532-8007
Joanne Aliene

Caring for Kids
Supporting needs of Bristol
Children &
The People's Pantry
Bristol Mills - open 24/7
207-677-3300
kscarvingforkids@gmail.com

GENERAL

**Community Navigator
At CLC YMCA**
Help to access local & state
resources, benefits & assistance
programs.
207-403-4116
khagar@clcymca.org



Welcome to our **Resource Guide** of local organizations that serve Round Pond & the greater community.

Helping Hands of Round Pond is a nonprofit organization providing support to the local community, focusing on the village of Round Pond, through outreach, social events, and educational programming.

The historic Meetinghouse is the home of the Helping Hands of Round Pond and provides an inclusive community gathering space for all.

Helping Hands is a *501(c)3 nonprofit organization & all donations are fully tax deductible.*

PO Box 114
Round Pond, ME 04564

For more information:
helpinghandsroundpond.org
helpinghandsroundpond@gmail.com



HELPING HANDS of ROUND POND

Resource Guide of Local Services 2026

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