

## **HEALTH SERVICES**

**New Hope Mid-Coast Maine**  
Domestic Abuse Helpline 24/7  
800-522-3304

**Maine Health Miles Campus**  
35 Miles St. Damariscotta  
207-563-1234

**Maine Health Walk-In Clinic**  
24 Miles Center Way  
Damariscotta  
7am-6pm daily  
207-563-4379

**St. Andrews Urgent Care**  
6 St Andrews Ln.  
Boothbay Harbor  
8am-7pm daily  
207-633-1206

**Mental Health Hotline**  
1-888-568-1112

**Healthy Kids**  
Family Resource Network  
207-563-1818  
HK@tidewater.net  
healthykidsmaine.org

**Spectrum Generations  
Senior Center**  
521 Main St. Damariscotta  
207-563-1363  
spectrumgenerations.org

## **TRANSPORTATION**

**Twin Village Taxi**  
Damariscotta  
207-380-0050

**Lincoln County FISH**  
Friends in Service Helping  
Free rides for doctor appts,  
errands & more  
207-350-9808  
lincolncountyfish@gmail.org

**Midcoast Connector**  
Medical transportation  
for low-income individuals  
855-930-7900  
midcoastconnector.org

**American Cancer Society**  
Rides to medical appointments  
800-227-2345

## **HOME SERVICES**

**Community Energy Fund**  
207-563-3883  
rclifford.me@gmail.com

**CHIP - Community Housing  
Improvement Project**  
Low-income home repair help  
207-677-3450

**RUOK - Are You OK**  
Daily calls to vulnerable adults  
Lincoln County Sheriff  
Communication Center

## **FOOD SECURITY**

**Healthy Lincoln County**  
Food Security Community  
Connection  
207-350-0536  
healthylincolncounty.org

**Meals on Wheels Program**  
Contact Barbara  
207-620-2925

**New Harbor Food Pantry**  
at United Methodist Church  
Saturday 9am-10am  
207-532-8007  
Joanne Aliene

**Caring for Kids**  
Supporting needs of Bristol  
Children &  
The People's Pantry  
Bristol Mills - open 24/7  
207-677-3300  
kscaringforkids@gmail.com

## **GENERAL**

**Community Navigator  
At CLC YMCA**  
Help to access local & state  
resources, benefits & assistance  
programs.  
207-403-4116  
khagar@clcymca.org



Welcome to our **Resource Guide** of local organizations that serve Round Pond & the greater community.

Helping Hands of Round Pond is a nonprofit organization providing support to the local community, focusing on the village of Round Pond, through outreach, social events, and educational programming.

The historic Meetinghouse is the home of the Helping Hands of Round Pond and provides an inclusive community gathering space for all.

Helping Hands is a *501(c)3 nonprofit organization & all donations are fully tax deductible.*

PO Box 114  
Round Pond, ME 04564

For more information:  
[helpinghandsroundpond.org](http://helpinghandsroundpond.org)  
[helpinghandsroundpond@gmail.com](mailto:helpinghandsroundpond@gmail.com)



## HELPING HANDS of ROUND POND

**Resource Guide  
of Local Services  
2026**

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